The Five Love Languages
Teens: What is your Profile?

Directions: Pick only one statement in each pair as the one that best represents your desire. Circle the letter that matches up with the statement you choose.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>1.</td>
<td>Asks me what I think</td>
<td>A</td>
</tr>
<tr>
<td></td>
<td>Puts his/her arm around my shoulder</td>
<td>E</td>
</tr>
<tr>
<td>2.</td>
<td>Goes to my ballgames, recitals, etc.</td>
<td>B</td>
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<tr>
<td></td>
<td>Does my laundry</td>
<td>D</td>
</tr>
<tr>
<td>3.</td>
<td>Buys me clothes</td>
<td>C</td>
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<tr>
<td></td>
<td>Watches TV or movies with me</td>
<td>B</td>
</tr>
<tr>
<td>4.</td>
<td>Helps me with school projects</td>
<td>D</td>
</tr>
<tr>
<td></td>
<td>Hugs me</td>
<td>E</td>
</tr>
<tr>
<td>5.</td>
<td>Kisses me</td>
<td>E</td>
</tr>
<tr>
<td></td>
<td>Gives me money for things I need</td>
<td>C</td>
</tr>
<tr>
<td>6.</td>
<td>Takes time off of work to do stuff with me</td>
<td>B</td>
</tr>
<tr>
<td></td>
<td>Rubs my shoulders or back</td>
<td>E</td>
</tr>
<tr>
<td>7.</td>
<td>Gives me cool things for my birthday</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td>Reassures me when I fail or mess up</td>
<td>A</td>
</tr>
</tbody>
</table>

Source: “The Five Love Languages of Teenagers” by Gary Chapman
8. Gives me high-fives
   Respects my opinions

9. Goes out to eat or shops with me
   Lets me use his/her stuff

10. Tells me I’m the best son/daughter in the world
    Drives me to places I need to go

11. Eats at least one meal with me most every day
    Listens to me and helps me work through problems

12. Doesn’t invade my privacy
    Holds or shakes my hand

13. Leaves me encouraging notes
    Knows what my favorite store is

14. Hangs out with me sometimes
    Sits next to me on the couch

15. Tells me how proud he/she is of me
    Cooks meals for me

16. Straightens my collar, necklace, etc.
    Acts really interested in stuff that I’m interested in

17. Allows my friends to hang out at our house
    Pays for me to go on school or church trips

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18. Tells me I look good  
   Listens to me without judging me

19. Touches or rubs my head  
   Sometimes lets me pick out where we go on family trips

20. Takes me to the doctor, dentist, etc.  
   Trusts me to be at home alone

21. Takes me on trips with him/her  
   Takes me and my friends to movies, ballgames, etc.

22. Gives me stuff that I really like  
   Notices when I do something good

23. Gives me extra spending money  
   Asks me if I need help

24. Doesn’t interrupt me when I’m talking  
   Likes the gifts I buy for him/her

25. Lets me sleep late sometimes  
   Seems to really enjoy spending time with me

26. Pats me on the back  
   Buys me stuff and surprises me with it

27. Tells me he/she believes in me  
   Can ride in the car with me without lecturing me

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28. Picks up stuff that I need from various stores
   Sometimes holds or touches my face

29. Gives me some space when I’m feeling upset or angry
   Tells me that I’m talented or special

30. Hugs or kisses me at least once every day
   Says he/she is thankful that I’m his/her child

**Your Score**

A = ___________ Words of Affirmation
B = ___________ Quality Time
C = ___________ Receiving Gifts
D = ___________ Acts of Service
E = ___________ Physical Touch

The letter or love language that receives the most points is your primary love language. If you score the same score for two love languages, then you are bilingual. If you score high on one love language and have a close second score, that second highest score is your secondary love language.

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